

⤴ (Con't) ⤵

Week Ten - (Anger and Blame)
**There Are No Mistakes In A
Perfectly Orchestrated Universe**

Rung Seven

**Week Nine - (Feeling Unloved and
Unworthy)**
**Clearing An Unconscious Pattern
of F.E.A.R.**

Rung Six

**Week Eight - (Obsessiveness Over
Our Children)**
**Meeting Our Own Emotional
Dependency Needs**

Rung Five

**Week Seven - (Self-Sacrifice
and Jealousy)**
**Holistically Balanced Motherhood
/The Middle Path**

Rung Four

**Week Six - (Hopelessness And
Feeling Trapped)**
Mastery Over The Ego-Mind

Rung Three

Week Five - (Insecurity)
**Building Consciously Awakened
Relationships**

Rung Two

Week Four - (Guilt & Sorrow)
**Learning To Speak The Language
Of Feelings, Part 2**

Week Three - (Guilt & Sorrow)
**Learning To Speak The Language
Of Feelings, Part 1**

Rung One

Week Two - (Despair)
Our Thoughts Create Our Reality
Week One - (Introduction)
Making the Paradigm Shift