

# Karen A. Hasselo, CSMT, CSLC

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## SUMMARY OF QUALIFICATIONS

Dynamic, highly-motivated and detail-oriented Certified Spiritual Master Teacher with a diverse professional background in social services and clinical social work seeks to utilize clinical experience and educational background in holistic self-help methodology and social work in a challenging new position within a progressive organization. Demonstrated expertise working with individuals from various cultural, socioeconomic and developmental backgrounds as well as collaborating with crossfunctional teams and diverse, external professionals of all levels.

Persistent, organized, creative and passionate. Assess needs, evaluate alternatives and present tailored solutions. Dedicated to maintaining continuous support and long-term advocacy. Utilize superior interpersonal skills to inspire, impact and influence productive relationships with diverse groups of individuals. A charismatic and articulate communicator with a strong capacity to develop positive rapport with clients. Skilled in case management, service coordination, report writing and needs identification. Establish and maintain trusting, sensitive and caring relationships focused on achieving the best interests of all involved.

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## TRAINING/EDUCATION

### HOLISTIC LEARNING CENTERS, INC.

*Certified Spiritual Life Coach (CSLC) Program, 2013*

*Certified Spiritual Master Teacher (CSMT) Program, 2012*

- Extensive proficiency in the utilization and provision of clinically-proven Self-Mastery techniques designed to promote permanent behavioral changes through the facilitation of a wide range of self-help exercises.
- Well-versed in the Maieutic Training Method: administering a unique method of questioning to enable individuals to identify and act upon personal truths.

### THE UNIVERSITY OF CHICAGO - THE SCHOOL OF SOCIAL SERVICE ADMINISTRATION

*Master of Arts in Social Work*

- Concentration in Clinical Social Work

### OHIO STATE UNIVERSITY

*Bachelor of Science in Social Welfare*

- Graduated Summa Cum Laude
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## CREDENTIALS

Certified Spiritual Life Coach (CSLC)

Licensed Clinical Social Worker (LCSW)

Certified Spiritual Master Teacher (CSMT)

Type 73 Illinois School Social Worker Certification

Member of the Academy of Certified Social Workers (ACSW)

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## RELATED EXPERIENCE

### HOME THERAPY PROGRAM Homer Glen and Naperville, Illinois

#### ***Program Administrator, Stanley Greenspan Program***

3 Years

Accountable for the coordination, implementation and oversight of a 30-hour/week home-based therapy program created to aid in the development of enhanced cognitive abilities and social skills for a special needs child diagnosed with Autism. Conceptualized program based on a developmental model derived from Stanley Greenspan's play-based "Floor Time" program. Scope of responsibility included the recruitment, screening, hiring and supervision of a team of four highly-skilled paraprofessionals charged with program implementation. Personally developed and facilitated a rigorous training program for each paraprofessional. Led the facilitation of weekly one-on-one patient therapy sessions, translating theoretical models into innovative on-the-spot practical exercises. Collaborated closely with various professional consultants on the development and implementation of treatment plans.

#### ***Program Administrator, Applied Behavioral Analysis (ABA) Program***

3 Years

Administered a 40-hour/week therapy program, based on the Applied Behavioral Analysis (ABA) program for an autistic child. Designed program curriculum and executed lesson plans to assist child in improving focus, motor/play/social skills as well as self-help techniques and pre-academic knowledge. Hired, trained, mentored and delegated tasks to a five-member team of paraprofessionals. Executed weekly therapy sessions and oversaw the implementation of program metrics by staff. Created and completed complex data sheets documenting therapy sessions. Recorded and supervised therapy sessions; performed comprehensive analysis of data to identify child's progress as well as areas of improvement. Continually modified program deliverables to adhere to ever-changing child requirements. Additional responsibilities included inventory control and procurement of supplies. Established and directed in-home social skills group; led monthly staff meetings.

### GROUP PRIVATE PRACTICE Tinley Park, Illinois

#### ***Psychotherapist***

2 Years

Delivered psychotherapy using varied modalities to individuals, couples and families. Specialized in play therapy with children and individual sessions with adolescent patients. Coordinated cases in order to assess and implement therapeutic/individualized treatment objectives.

### BRAUN SCHOOL Oak Forest, Illinois

#### ***School Social Worker***

6 Years

Worked directly with students (grades K-12) with various severe emotional/behavioral disorders in clinical social work, crisis intervention, advocacy and mentorship roles. Performed detailed assessments to determine progress of individual students; conducted one-on-one sessions and facilitated daily social skills groups with students to address issues affecting their quality of life. Interfaced with parents regarding student progress; co-lead psycho-educational parenting groups. Addressed student crises as they arose. Provided leadership and supervision to one clinical social worker on staff.

- Enhanced school intervention services by securing a grant which provided funding to bring chemical dependency specialists to the school to work directly with children/parents and provide education and resources regarding substance abuse.
- Served as Leader of the High School Team as well as Developer of the High School Behavioral Intervention program.

#### *Selected Prior Experience:*

### DUPAGE COUNTY HEALTH DEPARTMENT Westmont, Illinois

#### ***Senior Clinician, Mental Health Division***

2 Years

Provided clinical social work services to a caseload of 45 children/adolescents/adults; coordinated the provision of services with various outside agencies. Served as case monitor for 15 mentally-ill adults as well as co-leader for mentally-ill women's group. Facilitated mental health evaluations for Special Education Cooperative. Member of multiple committees including the Child and Adolescent High-Risk Task Force.

### FAMILY SERVICE AND MENTAL HEALTH CENTER OF SOUTH COOK COUNTY Chicago Heights, Illinois

#### ***Therapist***

4 Years

Performed in-depth clinical assessments and treatment of a diverse client base in addition to victims of sexual/physical abuse (children and adolescents). Determined applicable treatment plans and coordinated the facilitation of services. Served as case manager for numerous adult aftercare groups.

### SCIOTO VILLAGE Powell, Ohio

#### ***Social Worker***

2 Years

Provided clinical treatment to female adolescents incarcerated for delinquency.